

Participate in Your Safety:

Tips to stay safe at all times



If you see any suspicious persons or vehicles, contact UT Police immediately at 713-792-2890.

Trust your instincts. If you feel uncomfortable in a place or situation, leave right away.

Protect Your Property

Lock your office door every time you leave, even for short trips down the hall. Secure your office and your belongings. Do not leave valuables such as wallets, purses, cell phones or tablets in plain view. Most thefts reported to UT Police occur in unsecured offices.

Protect Our Buildings

Maintaining a secure work and educational environment is in the hands of each and every McGovern Medical School faculty, staff and student.

Display your ID badge at all times and be attentive to prevent anyone from following you into a secured area. Don't allow someone in if they don't belong.

If you encounter anyone who disregards your attempts to keep a building secure, alert a public safety officer or contact UT Police at 713-792-2890. As always, call 911 in an emergency.

Protect Yourself

Require identification before admitting someone unfamiliar into your room or office.

Be cognizant of your surroundings and the people around you, especially if you are alone or it is dark. Avoid using headphones, cell phones or other mobile devices while walking, driving or jogging.

Keep emergency numbers near your work phone and save them on your cell phone's address book.

Protect Yourself At All Times

Do not walk alone at night; stay in lighted walkways. If you're concerned for your safety, contact UT Police to request a safety escort.

Walk with confidence. Communicate the message that you are calm, confident, know where you are going, and know what is going on around you.

If someone in a vehicle stops and asks for directions, answer from a distance. Do not approach the vehicle.

Hold your purse tightly, close to your body. Keep your wallet in a front, buttoned hip pocket or in an inside coat pocket.

Think twice before fighting and do not approach or confront a suspect. Protect yourself above protecting any possessions or property; property can be replaced – your life cannot.

Never give telephone numbers or addresses of fellow coworkers to anyone without their permission.

Avoid displaying or giving the appearance of carrying valuable items, such as cell phones or money. Do not display cash openly, especially when leaving an ATM machine.

Protect Yourself in Social Situations

When dating someone you don't know well, tell people you trust about your date location and expected time of return.

Go out in groups or engage in social situations where you don't have to be alone with one person.

Drive yourself to the destination and carry extra money in case you need to get home on your own.

Remember that alcohol impairs your decision-making abilities and ability to communicate.

If you feel uncomfortable, there's probably a reason. It's better to do something you may consider rude than to remain in a dangerous situation.

Trust your instincts, feelings and concerns.

Vehicle Safety Measures

Keep your vehicle locked at all times, park in well-lit areas and do not leave your vehicle running unattended. Criminals often target vehicles parked in dark and isolated areas.

Have your car keys ready. Look around and under your car, and observe other vehicles parked nearby for suspicious persons before approaching your car. Before entering your car, glance into the backseat and at the floorboards for anyone that may be hiding inside.

Do not leave valuables such as wallets, purses, cell phones or tablets in plain view. Also, avoid stowing valuables or shopping bags in the trunk after you park. Instead, stow them before leaving your prior location.

Use more than one anti-theft device, such as steering wheel lock and an alarm system.



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